# Outdoor Campus



#### LOW ROPES CHALLENGE COURSE

Established in 2023, this facilitated group activity benefits team dynamics by fostering trust, communication and collaboration. It promotes team building through communal problem solving and decision making.

Our goal is to secure financial support, grants and/or sponsorships to make the course accessible to public, as well as Catholic, high-school students, non-profit organizations, and youth groups across the region.

## WALKING TRAILS

Pallottine has several walking trails on our 83-acre campus. The most challenging is the Blue Trail, which meanders through the woods on the back of the property.

Our trails offer guests a peaceful setting to connect with nature in meditation and exploration. Being immersed in nature promotes physical, emotional and spiritual well being. These trails are open to all retreat guests while on campus.

Earth's crammed with heaven. And every common bush afire with God

- Elizabeth Barrett Browning



## **PRAYER LABYRINTH**

+ Mirroring the spiritual journey, the Labyrinth invites all retreat guests to a sense of inner peace through mindfulness, meditation, and reflection, deepening their encounter with God



## **FUTURE DEVELOPMENT**

+ *Laudato si'* Retreats: To inspire deeper relationship with God, creation and one another through ecological awareness and gratitude

+ Be a gathering place for Religious Communities and others working on initiatives related to *Care For Our Common Home* 

+ Establish a Pollinator Field
+ Restore Pond for native plantings and habitat