



Advent Retreat at Pallottine

Join Us at the Pallottine Renewal Center and make this Advent a time to refresh your spirit, reflect with God and Renew your faith.

**Tuesday,
Dec. 12th**
9 am—3 pm
\$30.00

Mary Untier of Knots: An Advent Retreat

Beginning with a visual meditation on one of Pope Francis’s favorite paintings—Mary Untier of Knots (Augsburg, c. 1700)—we will explore the power of intercessory prayer to Mary in the context of two major themes of Advent—the coming to fullness of the Reign of God and the coming of Jesus in the Incarnation. Participants are invited to bring their favorite images of Mary to share during this one-day retreat. Mass, time for confessions, and lunch will be included.



Fr. Gregory Heille, O.P., is a Dominican friar serving as professor of preaching and academic dean at Aquinas Institute of Theology, St. Louis.

Registration Form

Please check the sessions you will be attending and return to the Pallottine Renewal Center with payment
Registration due one week prior to the event.

Dec. 12, 2017—\$30.00

Name _____ Phone _____

Address _____

Email _____ Check this box if you would like to join the PRC email list

Dietary Restrictions—Please Circle

Vegetarian Wheat Free Nut Free Lactose Free

Make checks payable to: Pallottine Renewal Center 15270 Old Halls Ferry Rd Florissant, MO 63034

Register online at pallottinerenewal.org/programs or call us at 314-837-7100

Refresh your Spirit. Reflect with God. Renew your Faith.

REGISTRATION FORM

Name

Phone (including area code)

Email Address

Please check preferred time for meeting with your spiritual companion. These meetings last 30 minutes and take place each day, Monday through Friday of the retreat (ideally at the same time each day).

___ Afternoon (between 1:00 and 4:15)

___ Evening (between 6:30 and 9:00)

___ Either afternoon or evening works.

Special meeting time requirements (e.g. after 3:00 pm). If flexible, leave blank

(continued on the other side)

*Two things are
needed for
spiritual growth –
Desire and Prayer*

Registration

Please contact Pallottine Renewal Center at 314-837-7100 or director@pallottine.org Completed registration forms may be hand delivered or mailed to the church office or emailed. Registration encouraged by Nov. 22.

There is no registration fee, but retreatants are invited to share the costs of the retreat as they are able. Regarding offering amount, the average cost for each retreatant is about \$48. Offerings may be given to the retreat coordinator, cash or check made out to Week of Grace + Prayer. Your offerings help support the continuation of this ministry.

Over 100
retreats in the
greater St. Louis
area since 1995.

Pallottine Renewal Center
15270 Old Halls Ferry Rd.
Florissant, MO 63034
www.pallottinerenewal.org

Devote one hour a day for one week out of your hectic holiday schedule to explore new ways of praying and become more aware of God's presence in your life.

Afternoon & evening meeting times available!

The schedule for upcoming retreats, frequently asked questions and other information is available at www.momentsofgraceandprayer.org.

Week of Grace + Prayer A Retreat in Everyday Life

*The next step on
your spiritual
journey*

Pallottine Renewal Center

Dec. 3 – 9, 2017

Overview

- A retreat in everyday life – pray on your own at least 30 minutes each day and meet privately with a spiritual companion 30 minutes each day Monday through Friday.
- A retreat personalized to what you are hoping for – your spiritual companion will offer suggestions accordingly. Many retreatants explore new ways of praying, and for some, it is a first experience of spiritual direction.
- An opportunity to become more aware of God’s presence in your life.
- Couples in committed relationships have the option of meeting as a couple with a spiritual companion, rather than separately.
- Spiritual companions are not allowed to serve in their own church, nor may companion someone they know.
- Any adult is welcome regardless of church affiliation or denomination.

There is no wrong way to pray.
You can’t do this retreat wrong.

Praise from Retreatants

“My spiritual companion was excellent, understood my concerns and goals, and offered many suggestions for types of prayers and activities. My companion listened! I think we were an excellent match, and since there was no information about each other given during registration, I believe it was God’s will. Thank you, God!”

“I was feeling that my prayer life was in a rut. Now my spiritual/prayer life have started a new, fresh chapter I hope will unfold for years to come.”

“This retreat is so practical – integrating my spiritual life and my work life with simple prayer techniques I can use on a daily basis.”

“For the first time in my life, I am beginning to truly believe that Jesus desires to be *my* friend.”

“I now recognize ways I was already praying, but did not appreciate.”

“This retreat improved my prayer life more than anything else I have ever done.”

Specifics of the Retreat

- The retreat begins on Sunday, Dec 3 at 10:30 am in the Chapel. At this gathering, there is prayer as a group and each participant meets his/her spiritual companion (lasts about 90 minutes).
- Confidential, one-on-one meetings (30 minutes each) between retreatants and spiritual companions occur each day Monday through Friday, afternoon (between 1:00 and 4:15 pm) and evening (between 6:30 and 9:00 pm). Participants indicate which meeting time is preferred.
- All in-person meetings take place at Pallottine. If you cannot meet in person one or more of the sessions, it is possible to meet via phone or Skype.
- Closing of the retreat is celebrated as a group on Saturday, Dec. 9 at 12:30 om(lasts about 90 minutes).
- You may still participate in the retreat if not able to attend the gatherings on Dec 3 and/or Dec 9.

REGISTRATION FORM (continued)

If there are any days that you need to meet via phone or Skype, please indicate which days

The opening of the retreat will begin on Sunday, Dec 3 at 10:30 am (lasts about 90 minutes). Please indicate whether you will be able to attend.

___ Yes, I plan to attend the opening.

___ No, I cannot to attend the opening.

We prefer to assign different spiritual companions to retreatants (not meeting as a couple) who have close personal relationships, such as mother/daughter, spouses, life partners or very close friends. Please provide the name(s) of anyone registering with whom you have a close personal relationship.
